

Get in Gear 5k Race Minneapolis, Minnesota

Course: Start NE on W River Pky just W of 46th St bridge. Turn left (W) briefly on 42nd St, then immediately N on Edmund Blvd. Then W on 38th St, N on 47th Ave, E on 37th St, then SE on Edmund Blvd. At 38th St turn left (E) briefly, then immediately S on W River Pky. Continue under 46th St bridge past 46th Ave, finishing on Godfrey Pky in Minnehaha Park.

5k uses the same finish as 10k. Course was measured along the shortest route that a runner could take while staying between the curbs of the road. Runners leaving the road to use the trails may be disqualified. Points are marked in fluorescent yellow.

Measured Points:

Start: N side W River Pky (or is it Godfrey Pky?) 14.6 m (48 ft) W of westmost edge of 46th St Bridge supports. About 180 ft E of jct Godfrey & 46th Ave.

Mile 1: W side Edmund Blvd 46 m N of hydrant at 3940 Edmund. Adjacent southernmost bldg of Dowling Public School campus.

Mile 2: W side W River Pky 8 m (26 ft) S of 1st fireplug on Edmund Blvd S of Northrup. Near 4100 Edmund.

Mile 3: N side Godfrey Pky 3 m (10 ft) W of 1st storm drain grate W of W exit to NE pkg lot.

Finish: S side Godfrey Pky 12.73 m (41 ft 9 in) W of lamp post just W of E entrance to W (large) parking lot. Shared with 10k race.

